



## LET'S GET IN TOUCH!

Instagram: @dr\_neema\_moore

Facebook: @drneemamoore

Red Lip Conversations Facebook Group: @redlipconversationsgroup

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www.doctorneema.com



## MEET DR. NEEMA MOORE

Dr. Neema Moore is first and foremost a wife and mother to a set of Boy/Girl twins. She is most passionate about raising her twins, assisting her children with their education, cheering on their love of track and community service.

Dr. Neema T. Moore graduated from the prestigious Palmer College of Chiropractic in Davenport, Iowa, as a Board Certified Doctor of Chiropractic degree in 2003. During her time at Palmer, Dr. Moore took part in a fantastic chiropractic mission trip to India, where he treated over 3,000 patients. Dr. Moore ran her practice in Manassas, Virginia, for over a decade and now provides personal concierge chiropractic care to her patients. She focuses on acute and chronic spine disorders, headaches, motor vehicle accident injuries, health, and wellness. She has helped thousands of patients relieve pain, heal faster, and live healthier lives.

Dr. Moore earned her Bachelor of Science in Biology Secondary Education from Elizabeth City State University before becoming a chiropractor and was a High School and Middle School teacher before pursuing her dream of educating, coaching, and assisting people in their healing.

Dr. Moore is the founder of "Burnout to Bliss" and "Red Lip Conversations," where she coaches and guides women through burnout and teaches them how to avoid it so that they can feel confident and empowered. Dr. Moore believes that health and empowerment begin with oneself. Dr. Neema Moore is the co-author of "I'm a praying wife," a book about the importance of prayer in marriages, in addition to her coaching programs.

Her mission is to help women Chiropractors build confidence and go from Burnout to Bliss, become empowered, and maintain their health.





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## WOMEN CHIROPRACTIC COACHING BURNOUT TO BLISS

Dr. Neema Moore is a Board Certified Chiropractic Physician, wife, and mother to Boy/Girl Twins. She is also the co-author of "I'm a Praying Wife" and a former High School and Middle School teacher. Dr. Moore took a chance and went to Palmer College of Chiropractic in 2003 to pursue her dream of helping those who are in pain. She went on to run a successful chiropractic practice in Manassas, Virginia, for over a decade, and now offers her patients personalized concierge chiropractic care. Acute and chronic spine disorders, headaches, motor vehicle accident injuries, health, and wellness are among her specialties. Thousands of patients have benefited from her expertise, which has helped them relieve pain, heal faster, and live healthier lives.

Dr. Moore has created a program for Chiropractic women who are tired of being out of balance and running themselves into the ground.

This is the program for you if you want to reclaim your life with health, wellness, love, better relationships, and self-love. If you're going through a difficult time in your life and know there has to be a better option than going to work and then coming home. Allow me to hold your hand, encourage you, and show you a better way to live the life you truly desire.

Burnout to Bliss is an 8-week course that includes:

- 6 Group coaching sessions
- 2 one on one coaching calls with Dr. Moore
- Burnout to Bliss workbook with deep diving worksheets
- Confidence Hypnosis recording
- Habit Tracker and Personal Goal Planner